

報告書

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I spent first 2 weeks at Family Medicine department. I was studying not in a hospital, but in a "puskesmas". Puskesmas is a facility unique to Indonesia. It is both a clinic and a public health center. I mainly saw outpatients with diabetes at a puskesmas clinic. Doctors sometime refer their patients with problems(bad control, complications, and so on) to specialists. There are also dental and maternity checkup in other rooms.

Puskesmas sometimes educates junior high school students about their health and hygiene of cafeteria and toilet. I accompanied them and listened to some teachers about students' medical checkup and cooperation with puskesmas. It was surprising for me that there is students' medical checkup every 6 months.



I visited also "poshando". Poshando is a small facility located in a residential area. There is health checkup for infants, pregnant women, elderly people in there. I helped them with measuring children's height, weight and blood pressure. I visited some poshando. I had a warm reception at all of them and they treated us lunch every time. Though it was hard to communicate them, I had a good time because of their kindness.



I spent last 2 weeks at tropical & infectious disease division. They placed great importance on HIV. There is special outpatient clinic every day and discussion on management of each patient twice a week. Since there are a lot of patients with HIV in Indonesia, there is a program called “HATI” (HIV Awai Testing&Treatment Indonesia) for early detection and treatment. I was able to see some infectious disease rarely seen in Japan (like dengue fever Leptospira, and so on) during at a round.



Though 1 month was too short, I could have a valuable experience. I greatly appreciate all people that helped me.

